

[Supplementary Information for Applicants.](#)

[NZ Certificate in Public Health and Health Promotion Level 5](#)

60 credit, NZQA accredited programme, delivered part time.

Learn about the history of Public Health in New Zealand. Health is created where people live, work and socialise. Learn why some people enjoy better health than others and the factors that influence those outcomes. Explore how to build good relationships with people of other cultures. Develop a health promotion project as part of your learning experience.

The New Zealand Certificate in Public Health and Health Promotion level 5 is a part-time, easily accessed learning programme, partly completed online. It is designed to suit in-work learners or people with busy lives, caring for whānau. It offers the opportunity to strengthen cultural competence and is purposefully structured to address health inequalities for Māori, Pasifika and other population groups.

The Certificate provides the opportunity for you to learn a range of new skills that you can apply in your workplace and build on your existing skills. It builds practical skills to analyse, design, communicate, plan, advocate for, implement and evaluate public health initiatives.

You can also customise your course work to focus on your specific area of practice or your particular interests.

The Certificate will challenge you to demonstrate the knowledge, skills and attributes required of a public health practitioner, capable of working both independently and in a collaborative environment.

The attainment of this qualification can increase your work opportunities, especially as you successfully integrate the learning into your everyday work.

Graduates of this qualification will be able to:

- Apply knowledge of the health status of populations in New Zealand to describe the relationship between health inequities and the social determinants of health.



- Apply knowledge of the influence of public health advocacy, policy and the scope of public health disciplines and functions to identify opportunities to promote and protect public health.
- Apply knowledge of influence of the Treaty of Waitangi, international health agreements and New Zealand public health/health promotion frameworks and strategies on New Zealand's public health services to design, implement, and evaluate health promotion initiatives aimed at addressing health inequity.
- Engage with Māori, Pacific and/or other peoples, who are least advantaged in New Zealand, using culturally appropriate values, processes and protocols to build and maintain meaningful relationships aimed at improving their health and addressing inequities.
- Apply knowledge of research findings and evaluation evidence to improve own public health practice.
- Apply knowledge of the history of Māori as tangata whenua and client-whānau interconnectedness to own culturally competent practice, to improve Māori health and wellbeing outcomes.

The programme delivery uses a blended learning mode. This includes:

- Two semesters: July -November 2023 and February to June 2024)
- Self-directed learning in a supported online learning platform called, Canvas.
- Kanohi ki te kanohi (face-to-face) workshops. A two-day Introductory Workshop (July 24th and 25th, 2023) held on our Manukau Campus will be followed by 5 other, single day or half day workshops in each of the 2 semesters. Timetables are provided to allow for advanced planning to attend. Students from out of Auckland will be supported to ensure remote access to all learning opportunities.
- Weekly tutorials held online in a virtual classroom, a midweek evening from 7pm-8:15pm
- Online Discussion Boards
- Access to Lecturers throughout the study period
- Students will need to set aside approximately 10-15 hrs per week (this will vary according to student's academic history and competency with English language).
- Student Support Services for Learning/Academic Writing and pastoral care

The Programme Syllabus:

- Total of six Courses
- Three Courses delivered each semester

- Assessments range from: Report Writing, Digital Posters, PowerPoint Presentations, Submission Writing, Electronic Portfolios and Role Play Simulation.
- A practicum of 80hrs workplace experience for those students **NOT** already working in a public health or health promotion setting.
- All Courses need to be completed successfully to gain the Certificate qualification. To apply or read more details: <https://www.manukau.ac.nz/study/areas-of-study/health-studies/public-health-and-health-promotion/new-zealand-certificate-in-public-health-and-health-promotion-level-5>

